

**CABINET DES BERGES**  
Passage des Ateliers 7  
1800 Vevey

**Approche Centrée  
sur la Personne**  
(selon Carl R. Rogers)

**Delia Jones**

Professional certified coach  
and supervisor with diplôme fédéral

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I was born and grew up in England with English parents, but I have travelled and worked extensively in different countries and cultures. In Japan as a cultural ambassador, in Africa as a volunteer teacher and in the United States where I completed a Masters in Education.

As an experienced professional coach, certified PCC by the International Coaching Federation (ICF), I offer support and counselling to professionals and individuals who are looking for a space to build on their experience in order to realize a project or actively move forward in their lives. I am a trained mindfulness practitioner and I use creative coaching tools combined with a somatic approach to bring insights and a change of perspective to my coachees.

I am also a supervisor with the Swiss Federal Diploma of Supervisor Coach and I supervise coaches in training and experienced coaches who wish to develop professionally.

I also offer a process called "English coaching" for those who wish to find their authentic voice in English, affirm their professional identity in English and overcome inner barriers to speaking in this language.

Having lived in Switzerland for over 30 years, I offer my services as a coach and supervisor in both French and English, my mother tongue.